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2. Minimize Exposure to Radiation by the following:

- a. Distance—The more distance between you and the source of the radiation, the better. This could be evacuation or remaining indoors to minimize exposure.
- b. Shielding—The more heavy, dense material between you and the source of the radiation, the better.
- c. Time—Most radioactivity loses its strength fairly quickly.

\_\_\_\_\_  
(facility name)  
**Emergency Procedure**  
**NUCLEAR POWER PLANT INCIDENT**

The following procedure shall be utilized in the event of a Nuclear Power Plant Incident near \_\_\_\_\_ (facility name).

- A. “CODE BROWN” shall be announced overhead. Sirens will be sounding in the community. Radio announcements will give specific instructions regarding the need to evacuate.
- B. Administrator and Director of Nursing \_\_\_\_\_ (facility to fill in appropriate titles/positions) will be notified if not on the premises. The Recall Roster shall be activated if warranted.
- C. Instruct staff members, residents, and visitors to remain in the facility until further notice from the local authorities.
- D. Facility management staff should report to the Incident Command Post for a briefing and instruction.
- E. Activate the Incident Command System (ICS) to manage the incident. The most qualified staff member (in regard to the Incident Command System) on duty at the time will assume the Incident Commander position.
- F. Turn off the air conditioner, ventilation fans, furnace, and other air intakes.
- G. Close and lock doors and windows.
- H. Listen to battery-operated radio for information regarding the incident and specific instructions.
- I. If evacuation is instructed, initiate Evacuation Procedures in conjunction with Emergency Management Services.
- J. During evacuation, ensure that windows and vents of the transportation are closed; utilize re-circulating air.
- K. If facility is instructed to remain indoors, institute Shelter in Place Procedures.
- L. Keep food in covered containers or in the refrigerator. Food not previously covered should be washed before being put into containers.
- M. Staff members and residents exposed to nuclear radiation should:
  - 1. Change clothes and shoes
  - 2. Put exposed clothing in a plastic bag
  - 3. Seal the bag and place it out of the way
  - 4. Take a thorough shower
- N. Continue to monitor radio announcements for further instruction. The situation shall only be deemed “under control” and safe by local and state authorities. At that point, the Incident Commander can declare the situation “safe” for re-entry and/or normal operations.
- O. Account for all staff members and residents.